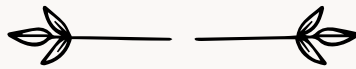


# CHORES/ RESPONSIBILITIES

## BY AGE TO INCREASE SELF-ESTEEM



4-5

### AGES 4-5

- MAKE THEIR BED
- FEED THE PETS
- PICK UP TOYS
- CLEAR/CLEAN TABLE AFTER DINNER
- PUT DIRTY CLOTHES IN HAMPER

6-7

### AGES 6-7

- HELP SET THE TABLE
- SWEEP FLOORS
- PEEL CARROTS/POTATOES
- MOP KITCHEN FLOOR

8-9

### AGES 8-9

- BRING IN RECYCLING BINS
- PUT GROCERIES AWAY
- WIPE BATHROOM SINK/VANITY
- FOLD/PUT AWAY CLEAN CLOTHES

10-11

### AGES 10-11

- CLEAN THE TOILETS
- WASH THEIR OWN LAUNDRY
- MAKE A SIMPLE MEAL
- CLEAN THE KITCHEN

12+

### AGES 12 +

- CLEAN CAR - INSIDE/OUT
- MOW THE LAWN
- MOP FLOORS/CLEAN WINDOWS
- HELP GROCERY SHOP

